

Economic Wellbeing

Nurturing your financial wellbeing is a dynamic dance towards a brighter and more secure future. It's a journey that empowers you to take charge of your financial destiny, fostering a sense of control, freedom, and peace of mind. Just like tending to a garden, careful financial planning and management lay the foundation for growth and prosperity.

By prioritising your financial wellbeing, you're not just securing your present but investing in the dreams and aspirations of your future self. It's about embracing opportunities, enjoying life's adventures, and having the flexibility to pursue your passions. Cultivating healthy financial habits, from budgeting to saving and investing wisely, is a pathway to financial independence and the fulfilment of your goals. Celebrate each step forward, as you build a resilient and flourishing financial landscape that not only supports your aspirations but also enables you to share with others.



Budgeting

Making your money go further is a goal most of us would like to achieve – and there are loads of ways of doing it, including using this free budget planner.

If you're struggling to make ends meet or you've had a change in circumstances and aren't sure of the support you're entitled to now, this benefits calculator can help. [Use our Benefits calculator | MoneyHelper](#)



When Is Gambling a Problem?

Gambling problems can affect anyone, from any walk of life. Is your gambling or gaming leading to...Debt and bankruptcy worries Crime and fraud Low mood, irritability or depression Avoiding family and friends Relationship problems [PCGS Registration Form \(primarycaregamblingservice.co.uk\)](#)



Food Banks in Derbyshire

Find a Food bank or Community Pantry near you.

Here is a list of the food banks and community pantries in Derbyshire that are part of the Feeding Derbyshire Partnership.



Scan the QR codes to view useful resources associated.